



VOLUNTEER OPPORTUNITY Garden Assistant

Frog Hollow Neighbourhood House is a community service organization serving the Hastings-Sunrise community. **We are looking for individuals with a love for the natural world.** The successful candidate will be comfortable working in a garden and doing some physically demanding work. They will be able to work independently and with a culturally diverse team to support community programs. Working under the general direction of the Food Security Coordinator, the garden assistant will be contributing to a vibrant community that cares for and learns from the land.

The Association of Neighbourhood Houses of BC (ANHBC)'s work is centered on inclusion and equity, to build social connection and to break down discrimination through community building. We strongly encourage applications from people who identify as Black, Indigenous, and People of Colour (BIPOC), individuals with disabilities, and members of the LGBTQIA2S+ communities.

Frog Hollow Neighbourhood House/ANHBC is committed to protecting the health and safety of its employees, volunteers, and the community. Subject to legal exemptions, proof of COVID-19 vaccination status will be required for all new hires & volunteers.

Position: Garden Assistant – gardens at different locations.

Hours: minimum of 2 hours per week

Method: In person - at Clinton Park Fieldhouse Garden and Frog Hollow garden beds

Timeline: As soon as possible! Harvesting and cleaning season has begun.

Application – September 2023 and fall season.

Orientation – ongoing and during program

Duties and Responsibilities:

- Helping with weeding, maintenance, watering, packing/distributing seeds at Clinton Park Fieldhouse Garden (2690 Grant Street, the garden next to the playground) and Frog Hollow (2131 Renfrew street, garden beds).
- Checking on the well-being of the plants in the garden
- Assisting with planting or caring for the plants
- Harvesting and packaging seeds.
- Connecting with community members at the garden and informing them of the garden project
- Disposing of any rubbish in the garden
- Notifying Frog Hollow staff of any damage/concerns in or around the gardens.

Benefits for applicants:

- Gain knowledge about plants, food security, sustainability, and gardening
- Improve gardening and communication skills
- Volunteer hours can be used towards fulfilling graduation requirements.
- Gain experience working with community
- Light physical exercise to improve health and well-being

For more information and to apply, email to volunteer@froghollow.bc.ca

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