



VOLUNTEER OPPORTUNITY

SP Wellness Connector

Funded by United Way, the [Social Prescribing](#) (SP) program provides physical, educational, and recreational activities for pre-frail older adults 50+ who have some health issues and experience isolation, anxiety, and loneliness. This program aims to connect pre-frail seniors to their local community, resources, and peers, as well as improving their overall well-being, increasing their sense of social connectedness, and reducing the reliance on medical interventions.

We are looking for responsible, outgoing, enthusiastic, patient, and caring individuals who are keen to work with older adults and connect with others in the community. Wellness connectors are ones who welcome and support others in their community, give information about local services for seniors, and connect seniors to service providers and vice versa.

Criminal Record Check (CRC) will be required.

Position: SP Wellness Connector

Hours: Minimum 4 hours/week

Availability: Business hours 9am to 6pm; Monday to Friday

Locations: In-person at Frog Hollow Neighbourhood House @ 2131 Renfrew Street, at clients' residences, public spaces (café, public library, etc.), by phone, or virtually

Timeline: Application – Last week of April 2023

Orientation & Training – May 2023

Start – June 2023

Primary Duties and Responsibilities:

- Provide one-on-one emotional support to seniors via regular check-in phone calls and/or in-person visits
- Maintain confidentiality and security of all client information
- Attend Debrief Sessions with the Program Coordinator & Staff for problem solving, information sharing and case conferencing purposes

Secondary Duties & Responsibilities:

- Collaborate with Seniors Program Coordinator to research resources that could potentially enhance the biopsychosocial well-being of seniors who are qualified for the SP program
- Assist in recruitment of seniors who may benefit from this program

- Outreach to agencies, health professionals, and other service providers to confirm appropriateness and availability of the prescribed social activities

Benefits for applicants:

- Gain experience working with older adults
- Make a positive impact for older adults in the community
- Explore a career with a local non-profit community organization
- Improve communication skills while working with an all-ages team
- Fulfill graduation requirements – reference letter may be available

Training & support provided:

- Comprehensive training on tips on how to work with seniors
- Regular Debrief Sessions with the Program Coordinator and/or Program Staff for problem solving, information sharing and case conferencing purposes

Qualifications:

- Friendly, enthusiastic, and passionate about community work
- Reliable with good communication skills
- Respectful and enjoys interacting with others in a multicultural setting
- Previous experience working with seniors 50+ or have the passion to work with these seniors
- Previous experience in outreach and friendly phone calls is an asset
- First aid is an asset
- Fluency in another language (Cantonese/Spanish) is an asset

Please apply by submitting a copy of your resume to volunteer@froghollow.bc.ca

Frog Hollow Neighbourhood House,
2131 Renfrew Street, Vancouver, BC V5M 4M5
604-251-1225

